

# Observing the Flow

## Lesson 1, Exercise #1

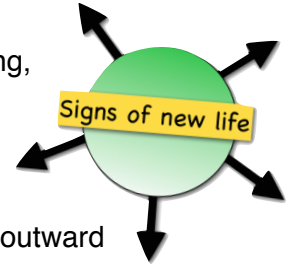
### Purpose

As we clearly identify and connect God’s work to our own spiritual lives, our confidence in God’s work grows and reminds us of the Lord’s purposed involvement in our lives.

### Directions

Just as physical life demonstrates its presence—such as in breathing, spiritual lives also manifest their presence.

- (1) List at least six signs of spiritual life that should be true of all genuine believers.
- (2) Double check and make sure your listed signs are not simply outward religious behaviors.
- (3) Place a checkmark next to those that are true of your life.



- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### Conclusion

These signs of our spiritual life are expressions of how God is working in our lives, transforming us to be like Jesus! Our excitement of what God is doing in our lives is often linked to how much we see ourselves growing as a follower of Christ. Recognize that the Lord is alive and working in you. Give thanks and rejoice that the Almighty God gets so involved in your lives.

# Observing the Flow

## Lesson 1, Exercise #1 Completed

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### Directions

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1. I sense God's power in my life.
2. Before I was saved, I was quite content to focus on my own needs.
3. God actually stirs me to practically love others.
4. I always had a slight conscience but now am very alert to sin's presence.
5. God's Word has all of a sudden leaped in importance to my life.
6. I used to focus on what I wanted but now try to see what God has for my life.
7. Worship used to mean religious attendance but now I love God!
8. I used to give because I cared what people thought of me, but now I give because I want to.
9. Fellowship with others is important to me because we are meant to grow together.
10. Prayer is no longer a religious ritual but real time talking to God.

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